

Hand Frame Exercises Part 1

Distances between 1, 2 and 3

Ted Botsford

Half step - half step



11 Whole step - half step



19 Half step - whole step

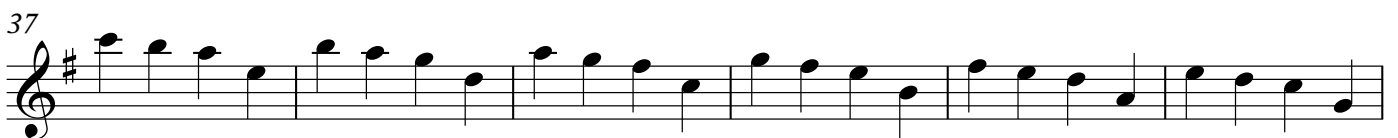
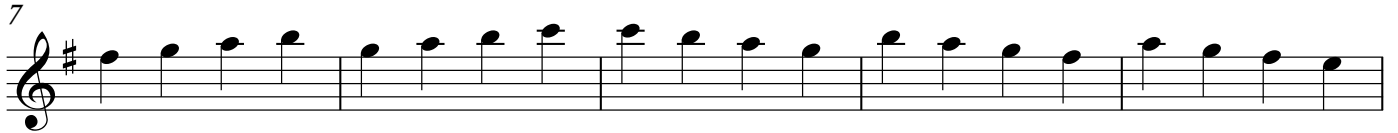


27 Whole step - whole step



Hand Expansion Exercises

Ted Botsford





Arpeggio Sequence

(Continuation from C Major Arpeggio)

8

F Am

8

A°

16

Fm

24

Ab+ Ab

32

Cm

39

C°7

47

A flat 7
to D flat

55

C7
to F

61